

## **Forsus Corrector**

## Why do I need it?

The Forsus Corrector is an easy to place, fixed appliance used to correct overbites. The spring-like appliance creates a light, continuous force to move your teeth. It works similar to elastic bands or headgear, but is placed and removed by the orthodontist. Because it is attached directly to your braces it ensures a good result in a short period of time. Please follow the instructions below for maximum progress with your Forsus Corrector.

## **Your Part**

- Typically the Forsus Corrector is worn for 3-8 months depending on the amount of overbite needed to correct.
- It is adjusted every 5-8 weeks.
- The springs may cause some small spaces between your teeth. This is normal and the spaces will be closed prior to the removal of your braces.
- The lips and cheeks will take a few days to get used to the springs. You should use warm saltwater rinses (6-8 oz of water with a teaspoon of salt). Rinse 2-3 times per day until you are used to the springs.
- If your cheeks become very sore, place a cotton roll under the spring to relieve the pressure on your cheek.
- The springs create a light, gentle force that may make your teeth tender. Take Tylenol or Advil as necessary.
- Avoid very sticky food such as chewing gum, Skittles and caramels which can be caught in the spring and cause it not to work properly. Very hard food such as chewing on ice may bend the springs.
- If you open your mouth very wide the rod may come out of the spring. This is not an emergency. You can simply open wide and reinsert the rod into the spring and it will function properly.
- If any part of the appliance comes out of your mouth or breaks, please save the part and bring it to the office to have it repaired.

We understand and appreciate the difficulty you may have getting used to the Forsus Corrector. Once you have become accustomed to the appliance you will be very pleased with how quickly you achieve your desired result.